

Rural women are 10/10



Voted 10 out of 10 by participants, the spectacular scenery at Phillip Island was the setting for the recent, hugely successful, Rural Women Uncovered at the Ramada Resort.

With the two-day event attracting women of all ages, MC and VFF board member, Marion Macleod, expertly guided the women through the day, as they laughed and cried along with the speakers.

Tracy Bevan, McGrath Foundation, touchingly described her friendship with Jane McGrath, dedicated to honouring her memory by establishing more Breast Care Nurses.

Dr Kaye Illingworth captured the imagination of the women by producing a messy ball of wool to highlight the ways we cope with life's crisis.

Speakers Mandy Coulson, Carol Corbey, Kate Finlay and Alicia Cain also captured the women's attention with their informative and inspiring stories.

An uplifting, fun presentation from Suellen Peak, Burst, finished the day. Women were encouraged to focus on the positive - what they are grateful for in their lives - to help them find that sometimes elusive gift of happiness.

Superb local produce was featured over dinner, with Agriculture Minister Jaala Pulford, speaking about the Rural and Regional Women's Network and afterwards chatting easily with women eager to hear about her ministerial life.

One of the many highlights of the event was the unique breakfast at The Cape Kitchen, on the final day. On walking in to the spacious airy restaurant, the women were awed by the crashing waves and spectacular coastline Phillip Island is renowned for. The natural hand cream workshop that followed, ended the event with fun and laughter, before the women began the long trek back to their everyday lives.

Credit goes to Lis Blandamer of VFF and Jenny Frederickson, event co-ordinators, who achieved event success by giving like-minded women a rare opportunity to relax, learn and be entertained – meeting as strangers, but leaving as friends.

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